



Search & Rescue Equipment List

Our Winter Programs will provide all the equipment to make your experience the best it can be. Your personal equipment can be used but will be checked by your Crew Guide for suitability.

What You Need to Bring	What We Provide
<ul style="list-style-type: none"> <input type="checkbox"/> 1 Pair of Top and Bottom Long Underwear (not cotton) This is a very important part of a successful winter camping experience. <u>The biggest winter camping mistake is to wear cotton.</u> Cotton absorbs moisture and holds it next to the body, which then causes heat to be drawn away very rapidly. <input type="checkbox"/> 2-3 Upper Body Warmth Layers These layers should be of non-absorbing fabrics again like wool or polyester. Fleece or wool sweaters or vests are great. <u>Cotton should not be used here either.</u> <input type="checkbox"/> 1-2 Lower Body Warmth Layers These layers should be of non-absorbing fabrics again like wool or polyester. Fleece pants are great. <u>Cotton should not be used here either.</u> <input type="checkbox"/> 1 Upper Body Shell Layer This could be a standard winter coat or a raincoat. This layer helps keep out moisture and block the wind. If using a raincoat plan to bring an extra warmth layer. <input type="checkbox"/> 1 Lower Body Shell Layer This could be a standard winter snow pants or a rain pants. This layer helps keep out moisture and block the wind. If using a rain pants plan to bring 2 warmth layers. <input type="checkbox"/> 1 Plastic Bowl <input type="checkbox"/> 1 Plastic Mug <input type="checkbox"/> 1 Plastic Spoon Metal utensils could stick to your tongue. <input type="checkbox"/> Lip protection/Lip balm <input type="checkbox"/> Sunscreen <input type="checkbox"/> Sunglasses <input type="checkbox"/> Flashlight or headlamp <input type="checkbox"/> Health History <input type="checkbox"/> Health Screening Checklist 	<ul style="list-style-type: none"> • 1 Trained Winter Camping Guide • 2 Trail Meals • 1 Cook Kit • 2 Lightweight Stoves • 1 First Aid Kit • Program Supplies Rescue Equipment. Maps, GPS, Compasses, First Aid Gear, Demo gear. Snowshoes • 1 Pair Polypropylene Sock liners • 1 Pair Warmth Layer Socks • 1 Pair Boots Boots Sizes 6 to 17. These boots have high uppers with a drawstring closure – gaiters are not be needed. • 1 Pair Mitten Shells • 2 Pair Mitten Inserts - Wool • 1 Pair Glove Liners • 1 Water bottle and carrier Drinking lots of water is important. We will provide 16 oz. wide mouth nalgene water bottles with a carrier so you can wear it around your neck and close to your body so it doesn't freeze. • 1 Hat A fleece hat with wind stopping ear covers. • 1 Balaclava A stretch-fleece full headpiece to be worn if it gets windy or very cold and can be worn at night. This Head Hugger design includes a neck and shoulder cover. • Wool Sweaters As a backup for Scouts that need warmer alternatives